



MONDAY-FRIDAY 11:00 AM – 3:00 PM

lunch

SOUP, SALAD & SANDWICHES

sandwiches served with your choice of side

- 5.99 **SOUP, SALAD & TUSCAN BREAD** *gfo* House or Chopped Caesar and choice of soup
- 12 **FRESH FISH SANDWICH** grilled or blackened, dill shallot sauce, lettuce, red onion, fresh baked bun
- 10  **SPICY BLACKENED CHICKEN** lettuce, tomato, pickled onions, chipotle aioli, fresh baked bun
- 10 **SALTIMBOCCA** chicken breast, prosciutto, parmesan, apricot marmalade, house-made ciabatta
- 10 **CAPRI XTRA** fior di latte mozzarella, spicy tomato jam, basil, prosciutto, EVOO balsamic reduction, house-made ciabatta
- 10  **SALUMI** salami, jalapeno jam, 4-cheese blend, horseradish vinaigrette salad, house-made ciabatta

PASTAS

served with Tuscan bread and your choice of salad or soup

gluten free options available

- 8 **PENNE PESTO** creamy basil pesto w/ diced roma tomatoes, pine nuts & parmesan cheese
add grilled chicken 2 / or grilled shrimp 3
- 9  **PENNE MARSALA** grilled chicken, mushrooms, shallots, red chilies, marsala cream sauce
- 9  **PENNE GORGONZOLA** grilled chicken, sun-dried tomatoes, red chilies, bacon, gorgonzola cream
- 9 **PENNE PIACENZA** grilled chicken, creamy roasted red pepper sauce, parmesan & chives
- 9 **PENNE KALAMATA** grilled chicken, kalamata olives, chives, toasted pine nuts, butter sauce
- 8 **PENNE SPINACHI** fresh spinach, chopped walnuts, gorgonzola cream sauce
add grilled chicken 2 / or grilled shrimp 3
- 9 **PENNE FRESCO** grilled chicken, fresh broccoli, sun-dried tomatoes, garlic, fresh basil,
toasted pine nuts, lemon butter sauce
- 7  **PENNE ARRABIATA** marinara sauce w/ crushed chili pepper, chili-infused oil, lemon juice, fresh basil
add grilled chicken 2 / or grilled shrimp 3
- 14 **CHICKEN PARMESAN** hand breaded chicken breast, w/ mozzarella & provolone cheese & basil
over spaghetti marinara
- 8 **FETTUCCINE ALFREDO** prepared in the Roman tradition w/ parmesan, nutmeg & parsley
add grilled chicken 2 / or grilled shrimp 3

SPAGHETTI <i>gfo</i>		HALF LASAGNA		MANICOTTI		RAVIOLI	
W/ CHOICE OF		W/ CHOICE OF		W/ CHOICE OF		W/ CHOICE OF	
fresh marinara	7	fresh marinara	8	fresh marinara	11	fresh marinara	8
tomato meat sauce	8	tomato meat sauce	9	tomato meat sauce	12	tomato meat sauce	9
meatballs	10	tomato basil cream	10	tomato basil cream	14	tomato basil cream	10